



CAPtions



A publication of FiveCAP, Inc.

July—September 2021

FiveCAP Golf Charity Event raises **over \$7,000** to **HEAT HOMES** and provide **BOOKS TO CHILDREN**

August 6th - Teams took to the course at Manistee National Golf & Resort to support FiveCAP's 17th annual golf charity fundraiser event to support Walk/Golf for Warmth and Early Literacy. The event featured an 18-hole scramble followed by a live auction and raffles, with a variety of items donated by businesses throughout FiveCAP's service area.

Walk/Golf for Warmth funds are used to assist families and senior citizens in FiveCAP's service area of Manistee, Mason, Lake, and Newaygo counties who are in emergency situations and are in fear of having their heat turned off in the cold winter months.

Funds raised at this year's event were split with the **Dolly Parton Imagination Library** program which FiveCAP sponsors to provide a book each month for enrolled children ages 0-5 until they are age 5. Every \$25 raised provides books for a year to a child in our community. To put this in perspective for the funds raised from this event - children are

enrolled in the program at various ages 0-5, but this would mean books for twenty-eight (28) children for 5 years...or a year's worth of books for one hundred forty (140) children.

Watson Country was the Hole-in-One prize sponsor. Each participant had the opportunity to win a New Jeep Compass on Hole #9 but there were no takers. Dustin Simmons on the Custom Sheet Metal team won the closest to the pin prize.

Little River Casino Resort sponsored the prize of an overnight stay and dinner package for each member of the winning team.

Taking home first-place honors was the team of Jim Ogilvie, Mark Niesen, Zack Bialik, and Alex Bialik (**PICTURED BELOW**) with a score of 56. With a score of 61, the second place prize went to the Little River Casino team of Chad Eckhardt, Rochelle Sam, Jonnie Sam, and Brian Rayburn who each won a 18-hole round of golf at Manistee National Golf & Resort.

Golf Event...continued on Page 3



FiveCAP, Inc. County Office Locations

Mason County (Main Office), *Scottville*—(231) 757-3785

Lake County, *Baldwin*—(231) 745-4617

Manistee County, *Manistee*—(231) 723-8327

Newaygo County, *White Cloud*—(231) 689-6688

VISIT OUR WEBSITE: www.fivecap.org

Idlewild Historic & Cultural Center website: www.historicidlewild.org



FiveCAP partners with Family Health Care to offer COVID-19 vaccinations

FiveCAP is partnered up with Family Health Care to offer a COVID-19 Vaccination Outreach Program in Lake and Newaygo counties.

Monthly vaccine clinics will be available for residents and non-residents at the Southern Newaygo FiveCAP Head Start Center in Grant and the Robert F. Williams Center in Baldwin. **Schedule on Pg 4.**

People who already had COVID are encouraged to get a vaccine to boost their immunity, prevent getting the virus again, and to prevent spreading it to others, as antibodies made by their immune system from the virus last only about three months, if even.

An incentive program is offered to encourage vaccinations. A vaccine recipient will receive a \$25 gift card for Moderna (1st shot) and a \$25 for Moderna (2nd shot), plus a \$10 food voucher. Recipients will receive a \$50 card for the one-shot Johnson & Johnson, plus a \$10 food voucher. Vaccine recipients also will be entered into a \$500 raffle.

Anyone fully vaccinated who encourages a person to attend the vaccine clinic also may get a \$25 gift card (must accompany the vaccine recipient to the clinic and show proof of vaccination status). Gift cards will be mailed to recipients.

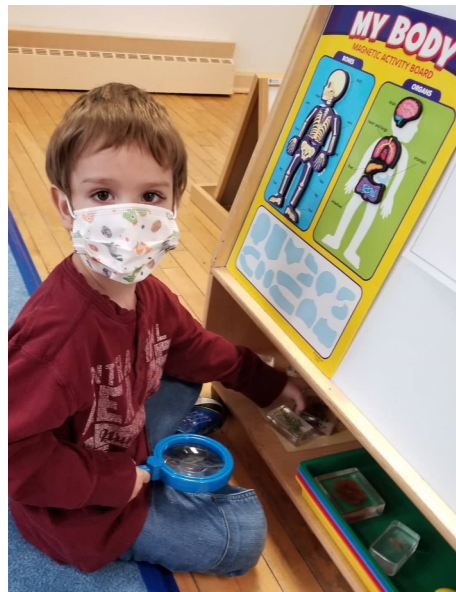
To make an appointment, contact the FiveCAP Office in Newaygo County at (231) 689-6688, or Lake County at (231) 745-4617.

This COVID-19 Vaccination Outreach Program is funded by the Michigan Primary Care Association.

HEAD START CENTERS accepting enrollments Providing free quality preschool

FiveCAP Head Start gives low-income families access to the same quality preschool education their more affluent neighbors can provide their children, but without the cost. Additionally, Head Start advocates for the whole family, so parents can be involved in helping their children develop critical skills they need early in life.

Head Start employs highly-qualified teachers and teacher assistants, who use a research-based curriculum to prepare students for kindergarten-readiness with fun activities and lessons. Social and emotional growth are important components of the program, as well as physical skills, language and communication, math, phonics, social studies, science and technology.



Enrollment is open to families whose household income is at or below 100% of the federal poverty level. Transportation is available at no cost.

For more information or to register for the 2021-2022 school year, contact the Head Start center (visit our website www.fivecap.org for locations) in your area or call (231) 757-3785.



Gearing up for Toys for Tots/Gifts for Teens

FiveCAP, Inc. Toys for Tots/Gifts for Teens, in partnership with Synergy Broadcasting, is open to parents and guardians of children ages 0 to 18 residing in Mason and Manistee counties to help them have a merrier Christmas. During distribution, parents are able to choose something for each of their children from a wide range of age-appropriate gifts.

Toys and gifts will be collected from barrels placed at area businesses. Everything donated will go to a family that resides in the county where the donation was made. After collecting all the donations, FiveCAP sorts the toys and gifts, and uses cash donations to purchase items to ensure there are plenty of options for each age group.

After November 1st, Mason County parents or guardians of children ages 0 to 18 can apply for Toys for Tots/Gifts for Teens at the Mason County FiveCAP office located at 302 N. Main Street in Scottville; or for Manistee County, contact the Manistee FiveCAP Office on 265 1st Street, Manistee. Distributions will be held Wednesday, December 15 and Thursday, December 16.

For more information or to VOLUNTEER to help with set up and distribution, call (231) 757-3785. Charitable contribution forms available at www.fivecap.org for those that would like to give a cash donation to purchase toys.

Golf Event...continued from Page 1

Thank you to Rochelle Sam-Auctioneer, and to the DTE Energy Foundation who donated a stainless steel grill for the grand prize raffle.

FiveCAP accepts cash contributions year-round. For more information, contact the agency at (231) 757-3785 or visit our website at www.fivecap.org for our Charitable Contribution Form to select the charitable program and county of your choice for your donation.



Above: 2nd Place Team (left to right): Little River Casino team Rochelle Sam, Brian Rayburn, Chad Eckhardt, and Jonnie Sam.



Left: Russ Schultz with his new gas grill!! Grand raffle prize sponsored by DTE Energy Foundation



Thank you to our Supporters!

Little River Casino Resort
 Watson Country
 DTE Energy Foundation
 Lake Osceola State Bank
 Custom Sheet Metal & Heating
 Big "K" Construction
 Midway Party Store-White Cloud
 Freedom Auto Repair-Baldwin
 Blarney Castle Oil Co.-Bear Lake
 Thomas & April Thurston
 Merskin & Merskin Tax & Accounting
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 Morton's Salt
 Port City Organics
 Painted Lady
 North Channel Brewing
 4Front Credit Union
 Hairport Hair Salon
 Boyer Insurance Agency
 Weesies Garden Center
 Pizza Hut-Fremont
 Auto Value
 Happy Nails & Spa-Fremont
 Tractor Supply
 Christ Community Church
 Brian's Auto Repair
 West Shore Community College
 Brooks Construction
 Joan Meeusen
Auctioneer: Rochelle Arnold Sam
Host: Manistee National Golf & Resort
AND THE PLAYERS!

CSFP food distribution provides double the food in October

FiveCAP Inc.'s Commodity Supplemental Food Program (CSFP) provides approximately 800 eligible senior citizens in Lake, Mason, Newaygo and Manistee counties with food boxes every two months through the U.S. Department of Agriculture program. **This year, the December distribution foods will be included in the October 13th distribution, hence double the food will be given out to help area seniors for the next four months.**

This USDA program assists seniors 60 and older with an income at or below the 130 percent Federal Poverty Level by supplementing their diets with allotted varieties of nutritious foods including shelf-stable milk, canned fruits, low-sodium canned vegetables, canned and frozen meats, cheese, pasta or rice, beans or peanut butter and fruit.

With the help of volunteers, food is safely packed and brought out to client vehicles as they drive up on distribution day.

To apply to receive food or if you would like to volunteer, please call your FiveCAP County Office or (231) 757-3785.



602 N. Main Street, P.O. Box 67, Scottville, MI 49284

Return Service Request

NON-PROFIT
US POSTAGE
PAID
Scottville, MI 49454
Permit No. 46

CAPtions

Anita Brown
Chairperson,
Board of Directors

Mary L. Trucks
Executive Director

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Mark Your Calendar

Our offices are open, but appointments encouraged. Guests required to wear face mask. Secure drop boxes are provided for documents at all FiveCAP locations.

OCTOBER

- Oct 12 HS/EHS Policy Council Meeting, 10am
- Oct 13 CSFP Bi-Monthly Food Distribution—Seniors
(Important Note: The October CSFP food distribution will include December foods. There will be no CSFP food distribution in December.)
- Oct 22 COVID-19 Vaccination Clinic—Lake & Newaygo counties
- Oct 28 FiveCAP Board of Directors Meeting, 4pm

NOVEMBER

- Nov 4 TEFAP Quarterly Food Distribution—Families
- Nov 9 HS/EHS Policy Council Meeting, 10am
- Nov 11 Veterans Day Observed—Offices and Centers Closed
- Nov 12 COVID-19 Vaccination Clinic—Lake & Newaygo counties
- TBD FiveCAP Board of Directors Meeting *(to be advised due to Holiday)*
- Nov 25-26 Thanksgiving Holiday—Offices and Centers Closed

DECEMBER

- Dec 10 COVID-19 Vaccination Clinic—Lake & Newaygo counties
- Dec 14 HS/EHS Policy Council Meeting, 10am
- Dec 15-16 Toys for Tots/Gifts for Teens Distribution—Mason & Manistee
- Dec 16 Last day for Head Start children—for holiday break
- Dec 24 Christmas Eve Holiday—Offices close at 12:00 noon
- Dec 25 & 27 Christmas Holiday—Offices closed
- Dec 30 FiveCAP Board of Directors Meeting, 4pm
- Dec 31 New Year's Eve Holiday—Offices close at 12:00 noon

JANUARY

- Jan 1 New Year's Day Holiday—Offices closed
- Jan 3 Head Start children return from holiday break
- Jan 11 HS/EHS Policy Council Meeting, 10am
- Jan 14 COVID-19 Vaccination Clinic—Lake & Newaygo counties
- Jan 17 Martin Luther King Day—Offices and Centers closed
- Jan 27 FiveCAP Board of Directors Meeting, 4pm

FiveCAP Programs & Services

- Head Start
- Early Head Start
- Weatherization
- Home Ownership Counseling
- Foreclosure Prevention
- Single Family Housing
- Multi Family Housing
- TEFAP
- CSFP
- Garden/Food Preservation
- Educational Workshops
- Food Pantry
- Tax Preparation Assistance
- Energy/Utility Assistance
- Walk for Warmth
- Toys for Tots/Gifts for Teens
- Information & Referral
- And more.....