

CAPtions



A publication of FiveCAP, Inc.

April—June 2021

FiveCAP Head Start enrolling and preparing for 2021/2022 program year

FiveCAP Head Start Center staff are busily preparing for Centers to open up at full operations with 100% in-person learning after Labor Day weekend. And are reaching out to families to enroll children for the upcoming program year.

FiveCAP, Inc. is committed to protecting the health of our children, families, and community. Health and safety protocols will continue as necessary and in compliance with the Michigan Department of Licensing and Regulatory Affairs (LARA) and U.S. Dept. of Health and Human Services.

Head Start provides free quality early childhood learning, providing low-income families with access to the same quality preschool education their more affluent neighbors can provide their children. Additionally, Head Start advocates for the whole family, so parents can be involved in helping their children develop critical skills they need early in life.

Head Start employs highly-qualified teachers and teacher assistants, who use a research-based curriculum to prepare students for kindergarten-readiness with fun activities and lessons. Social and emotional growth are important components of the program, as well as physical skills, language and communication, math, phonics, social studies, science and technology.

Enrollment is open to families with household income at or below the federal poverty level. Children attend Monday thru Thursday with lunch and healthy snacks provided. Transportation is available at no cost.

For more information or to register for the 2021-2022 Head Start school year, contact the Head Start Center or FiveCAP County Office in your area. Visit our website www.fivecap.org or call (231) 757-3785.







Pictured above:

FiveCAP has a new fleet of vehicles to provide Centers with a van specifically for transporting meals provided by the public schools and home visits or deliveries as needed.

With the COVID -19 pandemic, last program year was one of extensive protocols, learning and expanding on new ways to do things. We are enrolling now and ready to go!!

FiveCAP, Inc. County Office Locations

Mason County (Main Office), Scottville—(231) 757-3785 Lake County, Baldwin—(231) 745-4617 Manistee County, Manistee—(231) 723-8327 Newaygo County, White Cloud—(231) 689-6688



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FiveCAP Golf for Warmth & Early Literacy Friday, August 6th

Golfing enthusiasts and anyone who enjoys kicking back on a summer day in a beautiful setting are invited to

support a good cause! FiveCAP, Inc., is hosting its 17th annual golf fundraiser on Friday, Aug. 6th at the Manistee National Golf & Resort located at 120 County Line Rd., Manistee. Proceeds will benefit FiveCAP programs Golf/Walk for Warmth and the Dolly Parton Imagination Library for early literacy.



The fun-packed day kicks off at 9 a.m. with registration beginning at 8 a.m., and includes an 18-hole, four-person



scramble. A cart will be provided and lunch served.

People don't have to golf to be a part of the event. The community is welcome to attend the live auction and raffle event when the golfers return (approx. 1pm) in the big white tent. A lot of nice items have been donated by the community for the live auction

and raffles, including the grand raffle prize of a large stainless steel gas grill sponsored by DTE Energy Foundation.

Members of the first place team each win an overnight stay package valued at \$169, sponsored by the Little River Casino and Resort. A hole-in-one on hole #9 wins a new 2021 Jeep Renegade, sponsored by Watson Country.

This annual golfing event raises funds which directly help people in Manistee, Mason, Lake and Newaygo counties with emergency heating needs during the winter months. This year, funds raised will be split with the FiveCAP sponsored Dolly Parton Imagination Library program which enrolls children to receive a book per month each year until they are the age of 5.

The event fee is \$75 (\$60 for golf course members.) To register, contact Manistee National Golf & Resort at (231) 398-0123. For more information or to sponsor a tee, team, or program advertisement, call FiveCAP at (231) 757-3785.

YOU CAN WIN!! 2020 brought good luck to one participant, winning a 5-Day Cruise!!



Making a difference! \$510,361 in tax refunds to area residents!!

Each year, FiveCAP assists low-income residents in preparing and e-filing federal and state income taxes. As of June 30th, FiveCAP assisted 676 residents in 487 households to put \$510,361 in tax refund dollars back in their pockets.

"FiveCAP Community Support Services staff assisted low income households with tax preparation to include the Child Tax Credit and Earned Income Tax Credit," said FiveCAP Community Support Director Angela Anderson. "We also helped households who needed assistance to receive the Recovery Rebate and stimulus economic payments."

The refund money makes a great difference to families and individuals with limited income, and is put right back into our local economy. Whether it is to catch up on bills, help pay high costs of heating homes through the winter, or purchasing essential items for their households, many people depend on this extra money.

State and federal income tax filing deadlines were extended to May 17, 2021 due to the pandemic, however staff are still assisting with the State of Michigan Home Heat Credit and Homestead Property Tax Credit with a filing deadline of Sept. 30, 2021.

To make an appointment, contact your county FiveCAP Office.

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Keeping communities safe FiveCAP partnering with Family Health Care to offer vaccines

Family Health Care (FHC) and FiveCAP, Inc. are teaming together to offer a community-based COVID-19 vaccination program – providing the opportunity for area residents to still get vaccinated if they haven't yet.

FHC received a grant, funded by Michigan Primary Care Association (MPCA), to partner with FiveCAP to promote and offer vaccinations in Lake and Newaygo counties.

"We were awarded this grant to work together with FiveCAP to help get people vaccinated," said FHC Executive Director Julie Tatko. "FHC provides the vaccine as administrators, and FiveCAP will work with its areas to promote the vaccine. We are very excited to extend our reach right here at our facilities."

As of June 14, the percentage of people in Michigan 16 and older who received their first vaccine is 60.5 percent, according to the website michigan.gov. People who received complete vaccination in Michigan, with either two doses of Pfizer or Moderna, or 1 dose of J & J, as of June 14, is 49.6 percent. Health officials estimate a vaccination rate of about 70 percent by early summer for a return to normalcy and to end COVID-19 restrictions in Michigan.

The community-based vaccination program is a boost toward reaching a more sufficient number of vaccinations by mobilizing a combined effort to get the word out and providing accessibility to the vaccine in the area.

To take part in this program, anyone interested in a vaccination can contact FiveCAP office in Lake County at (231) 745-4617,

or in Newaygo County at (231) 689-6688, and schedule a specific time for a vaccine appointment, or participate in a walk-in vaccine clinic – dates and locations to

be announced.



Gardening & Food Preservation to 800 households

In support of providing healthy eating habits and cost savings by growing foods, FiveCAP offers gardening and food preservation workshops annually, free to income-eligible residents.

To start their garden, each participant receives a variety of vegetable plants. This year, due to COVID-19, in-person gardening workshops in May were cancelled, however plants and handouts from MSU Master Gardeners were provided to 800 households during CSFP food distributions in the four counties.

Food preservation workshops are generally held in the Fall, at which time another expert teaches best



methods for canning and freezing. Although in-person workshops will not be held this year, canning jars and freezer bags, along with instructional handouts, are planned to be distributed at our August 11th food distribution.

FiveCAP accepting applications for WEATHERIZATION

Weatherization provides repairs that result in long-term relief from expensive energy bills and increases the energy efficiency of the home.

Weatherization services vary from home to home. A health and safety audit is conducted by assessing the need for smoke detectors, carbon monoxide alarms and checking for gas leaks. Work can include air sealing, such as installing weather strips on doors, caulking, trim installation, patching holes in walls and replacing windows and doors. Homes may also be eligible to have new appliances installed, such as water heaters, refrigerators and furnaces.

Please call your County FiveCAP Office; or visit our website www.fivecap.org for more information and a checklist of documents needed to apply.

CAPtions

Anita Brown

Chairperson, Board of Directors

Mary L. Trucks
Executive Director

CAPtions is published by FiveCAP, Inc., a non-profit corporation providing services to the people of Lake, Mason, Manistee and Newaygo Counties. Production is supported by Agency discretionary funds.

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Return Service Request

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Mark Your Calendar

Our offices are open, but appointments encouraged.

Guests required to wear face mask.

Secure drop boxes are provided for documents at all FiveCAP locations.

JULY

July 5	Independence Day Holiday Observed—Offices and Centers Closed
July 5 July 13	HS/EHS Policy Council Meeting, 10am
July 29	FiveCAP Board of Directors Meeting, 4pm

AUGUST

Aug 6	GOLF FOR WARMTH & EARLY LITERACY (see article inside)
Aug 6 Aug 10	HS/EHS Policy Council Meeting, 10am
Aug 11	CSFP Bi-Monthly Food Distribution—Seniors
Aug 26	FiveCAP Board of Directors Meeting, 4pm

SEPTEMBER

Sept 2	TEFAP Quarterly Food Distribution – Families
Sept 6	Labor Day Holiday– Offices and Centers Closed
Sept 2 Sept 6 Sept 7	Head Start Centers first day of school for children—PY 2021/2022
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Sept 14 HS/EHS Policy Council Meeting, 10am Sept 30 FiveCAP Board of Directors Meeting, 4pm

OCTOBER

Oct 12	HS/EHS Policy Council Meeting, 10am
Oct 13	CSFP Bi-Monthly Food Distribution—Seniors

(Important Note: the October CSFP food distribution will include December foods. There will be no CSFP food distribution in December.)

Oct 28 FiveCAP Board of Directors Meeting, 4pm

FiveCAP Programs & Services

Head Start
Early Head Start
Weatherization

Home Ownership Counseling

Foreclosure Prevention

Single Family Housing Multi Family Housing

TEFAP

CSFP

Garden/Food Preservation

Educational Workshops

Food Pantry

Tax Preparation Assistance Energy/Utility Assistance

Walk for Warmth

Toys for Tots/Gifts for Teens

Information & Referral

And more.....