



# CAPtions



A publication of FiveCAP, Inc.

July—September 2022



## Gearing up for **Toys for Tots/ Gifts for Teens**

Toys for Tots/Gifts for Teens is a partnership with Synergy Broadcasting. Registration is open. Children ages 0 to 18 residing in Mason and Manistee counties are eligible. At distribution, parents are able to choose from a wide range of age-appropriate gifts.

Toy collection barrels will be placed at area businesses in November.

Starting November 1st, parents/guardians can apply at their county FiveCAP Office in Scottville or Manistee.

Distributions will be held Wednesday, December 14 and Thursday, December 15 at the Graystone Event Center in the Holiday Inn Express (Ludington) and at the VFW Center in Manistee.

For more information or to VOLUNTEER to help with set up and distribution, call (231) 757-3785.

Charitable contribution forms available at [www.fivecap.org](http://www.fivecap.org) for those that would like to give a cash donation to purchase toys.

## Annual Board, Policy Council & Staff Training 2022



*FiveCAP Board, Policy Council and Staff gathered together on September 22 and 23, 2022 at Manistee National Golf & Resort for intensive training, led by Trainer Berneitha McNair, on the history of Community Action, FiveCAP programs and services, collaborations, goals and assessments, planning and standards, governance and management roles and responsibilities, and more.....*



### FiveCAP, Inc. County Office Locations

Mason County (Main Office), *Scottville*—(231) 757-3785

Lake County, *Baldwin*—(231) 745-4617

Manistee County, *Manistee*—(231) 723-8327

Newaygo County, *White Cloud*—(231) 689-6688

**VISIT OUR WEBSITE: [www.fivecap.org](http://www.fivecap.org)**

*Idlewild Historic & Cultural Center website: [www.historicidlewild.org](http://www.historicidlewild.org)*



## HEAD START CENTERS accepting enrollments, providing free quality preschool

Head Start provides early childhood development services, and advocates for the whole family. Parents are involved in helping their children develop critical skills they need for school and life.



Qualified teachers use a research-based curriculum to prepare children for kindergarten with fun play activities and lessons.

Social and emotional growth are important components of the program, as well as physical skills, language and communication, math, phonics, social studies, science and technology.



Enrollment is open to eligible residents with household income at or below 130% of the federal poverty level, homeless, and categorically eligible SNAP recipients.

Transportation is provided.

For more information or to register for the 2022-2023 program year, contact the Head Start center in your area (visit our website for locations) or call (231) 757-3785.



## Early Head Start OPENINGS!

FiveCAP Early Head Start is a home visiting program for infants and toddlers ages 0-3. Home Visitors perform 90-minute home visits weekly and facilitate socialization events twice a month.

Early Head Start is open to income eligible families and pregnant women beginning in the second trimester of pregnancy.

The EHS Home Visitor provides support to the family for doctor visits, scheduling immunizations and other important infant wellness needs. Dental care is also available through a partnership between FiveCAP and Baldwin Family Health Care.

Contact your FiveCAP county office to apply.

## FiveCAP accepting applications for WEATHERIZATION

Weatherization not only helps reduce the burden of increased energy costs, it also makes homes safer for children, the elderly and disabled.

Weatherization services vary from home to home. A health and safety audit is conducted by assessing the need for smoke detectors, carbon monoxide alarms and checking for gas leaks. Work can include air sealing, such as installing weather strips on doors, caulking, trim installation, patching holes in walls and replacing windows and doors.

Household income must be at or below 200% of the federal poverty level. **Contact your FiveCAP county office to apply.**

Weatherization services for **Mason, Lake, and Newaygo counties** are coordinated in partnership with the Mid-Michigan Community Action Agency, and funded by the U.S. Department of Energy.

For **Manistee County**, contact the Northwest Michigan Community Action Agency.

## FiveCAP Golf Charity Event raises **over \$5,000** to **HEAT HOMES** and provide **BOOKS TO CHILDREN**

August 5<sup>th</sup> - A record 18 teams took to the course at Manistee National Golf & Resort to support the FiveCAP 18<sup>th</sup> annual golf charity fundraiser event to support Walk/Golf for Warmth and the Imagination Library program. The event featured an 18-hole scramble followed by a live auction and raffles, with a variety of items donated by businesses throughout FiveCAP's service area.

**Walk/Golf for Warmth** funds are used to assist families and senior citizens in FiveCAP's service area of Manistee, Mason, Lake, and Newaygo counties who are in emergency situations and are in fear of having their heat turned off in the cold winter months.

Funds raised were split with the **Dolly Parton Imagination Library** program which FiveCAP sponsors in Manistee, Mason and Lake counties. The program provides a book each month for enrolled children ages 0-5, until they are age 5. Every \$25 raised provides a book each month for a year to a child.

Watson Ludington was the Hole-in-One prize sponsor. Each participant had the opportunity to win a New 2022 Jeep Compass on Hole #9 but there were no takers. Joelle Vos on the BDO Seidman team won the closest to the pin prize.

Little River Casino Resort sponsored the prize of an overnight stay and dinner package for each member of the winning team.

Taking home first-place honors was the team of Larry Lynch, Doug Richley Sr., Doug Richley Jr., and Jim Tuttle with a score of 60. Also with a score of 60, the second place team prize went to Bill Shriver, Alex Shriver, Matthew Gunia, and Tyler Johnson who each won a 18-hole round of golf at Manistee National Golf & Resort.

Special thanks to our **Auctioneer, Rochelle Sam (pictured right)**, to the **DTE Energy Foundation** who donated an outdoor propane firepit table with accessories for the grand prize raffle...and to **ALL the donors, sponsors, and participants!!**

*FiveCAP accepts cash contributions year-round. For more information, call (231) 757-3785 or visit our website at [www.fivecap.org](http://www.fivecap.org) for our Charitable Contribution Form.*





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## CAPtions

**Anita Brown**  
Chairperson,  
Board of Directors

**Mary L. Trucks**  
Executive Director

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Phone: (231) 757-3785  
Fax: (231) 757-9669  
Email: [fivecap@fivecap.org](mailto:fivecap@fivecap.org)  
Website: [www.fivecap.org](http://www.fivecap.org)

## Mark Your Calendar

Our offices are open, but appointments encouraged. Guests required to wear face mask. Secure drop boxes are provided for documents at all FiveCAP locations.

### OCTOBER

October 11 HS/EHS Policy Council Meeting, 10am  
October 12 [CSFP Bi-Monthly Food Distribution—Seniors](#)  
October 27 FiveCAP Board of Directors Meeting, 4pm

### NOVEMBER

November 3 [TEFAP Quarterly Food Distribution—Families](#)  
November 8 HS/EHS Policy Council Meeting, 10am  
November 11 *Veterans Day Holiday—Offices and Centers closed*  
Nov. 24-25 *Thanksgiving Holiday—Offices and Centers closed*  
TBD FiveCAP Board of Directors Meeting, 4pm—to be advised

### DECEMBER

TBD HS/EHS Policy Council Meeting, 10am—to be advised  
December 7 [CSFP Bi-Monthly Food Distribution—Seniors](#)  
Dec. 14-15 Toys for Tots/Gifts for Teens Distributions (Mason/Manistee only)  
December 19 Head Start Centers start holiday break (children on break)  
TBD FiveCAP Board of Directors Meeting, 4pm—to be advised  
Dec. 23 *Christmas Eve Holiday—Offices closed*  
Dec. 26-27 *Christmas Holiday—Offices closed*  
Dec. 30 *New Years Eve Holiday—Offices closed*

### JANUARY

January 2 *New Years Day Holiday—Offices closed*  
January 3 Head Start Centers—children return from holiday break  
January 10 HS/EHS Policy Council Meeting, 10am  
January 26 FiveCAP Board of Directors Meeting, 4pm

## FiveCAP Programs & Services

**Head Start**  
**Early Head Start**  
**Weatherization**  
**Home Ownership Counseling**  
**Foreclosure Prevention**  
**Single Family Housing**  
**Multi Family Housing**  
**TEFAP**  
**CSFP**  
**Garden/Food Preservation**  
**Educational Workshops**  
**Food Pantry**  
**Tax Preparation Assistance**  
**Energy/Utility Assistance**  
**Walk for Warmth**  
**Toys for Tots/Gifts for Teens**  
**Information & Referral**  
**And more.....**